

What is Healthy Cities Onkaparinga about?

Our Objectives

- Promote a social view of health within government departments, local government, private business and the general community.
- Encourage cooperative processes between government sectors and the private sectors at a local level which coordinate health-promoting activities and foster the community's discussion of better health.
- Encourage commitment to improving the health of the local community.
- A social view of health recognises the impact both directly and indirectly that the physical social, economic and cultural aspects of the environment have on the health of the community.

Our Strategies

- Work with a variety of local community groups and individuals on locally relevant issues.
- Encourage community participation, firstly in the identification of needs, and then addressing the issues
- Support existing community initiatives which promote health
- Encourage health services and other services to allocate a higher priority to health promoting activities
- Cooperate in and facilitate the development of networks between Healthy Cities throughout Australia and the Western Pacific region
- Give priority to issues and activities which are based on values of social justice and equity.

Australian Chapter of the Alliance for Healthy Cities

Healthy Cities Onkaparinga is a founding member of the Australian Chapter of the Alliance for Healthy Cities.

The Australian Chapter received formal approval in October 2008. Current Australian chapter members are:

- Casey City
- Gold Coast City
- Logan City
- Kiama City
- Townsville City
- Healthy Cities Illawarra
- Healthy Cities Onkaparinga
- Deakin University
- Flinders University
- Griffith University



Healthy Cities Onkaparinga

Vanessa Swinney, Secretary

C/- Southern Adelaide Health Service
Level 3A (Mail Box 4)
Mark Oliphant Building
5 Laffer Drive
Bedford Park
SA 5042

(08) 8201 7860

vanessa.swinney@health.sa.gov.au

www.healthycitiesonkaparinga.org.au



healthy cities onkaparinga

Healthy Cities Onkaparinga aims to stimulate community action about issues that affect health and to develop possible solutions for these issues.

MAKING ONKAPARINGA A BETTER PLACE TO LIVE TOGETHER

What is a Healthy City?

Healthy Cities is a global initiative of the World Health Organisation.

A healthy city is one that is continually creating and improving the physical and social environments and expanding the community resources to enable people to mutually support each other in performing all of the functions of life and in developing to their maximum potential.



The Alliance for Healthy Cities

The Alliance for Healthy Cities is an international network aiming at protecting and enhancing the health of city dwellers in the Western Pacific region including Australia. The Alliance is a group of cities and other organizations that try to achieve the goal through an approach called "Healthy Cities". We believe that international cooperation is an effective and efficient tool to achieve the goal. And we promote the interaction of people who are in the front lines of health issues.

As an increasing population lives in cities amid global urbanization, we hope that our international network will help make strides in the promotion of health of the people living in cities.

Healthy Cities Onkaparinga is a founding member of the Alliance.

Our Priorities 2008-11

Planning for growth & new communities

Well-planned and sustainable development

Affordable housing

Provision of affordable, appropriate and sustainable housing options

Transport

Increase accessible and integrated public transport.

Advocate for rail extension to Seacliff and Aldinga.

Health and wellbeing

Accessible health and social services, improvements in health literacy and citizen participation in health decisions.

Energy use and climate change

Increased awareness and use of renewable energies, energy efficient housing and industry.

Water security

Monitor and advocate for increased storm water re-use, grey water use, rainwater use, wetlands and reclaimed water. Monitor impact of desalination plant.

Community participation and Aboriginal health and wellbeing are overarching themes within these priorities.

We will also continue to auspice local community groups and promote the Healthy Cities concept locally and more widely.

Partnerships

Working in partnership is an integral component for the Healthy Cities approach.

In partnership with the Southern Adelaide Health Service, the City of Onkaparinga and Flinders Public Health, Flinders University, Healthy Cities Onkaparinga provides the opportunity to share the Healthy Cities approach with interested people and agencies

Our History

Healthy Cities Onkaparinga is sponsored and supported by Southern Adelaide Health Service. It was established in 1987 as Healthy Cities Noarlunga, one of three Australian cities to test the European Healthy Cities model in Australia. It is a coalition of agencies and community members that addresses health issues using the World Health Organisations 'Ottawa Charter for Health Promotion' as its primary reference.

Our Governance

Healthy Cites Onkaparinga is an incorporated non-government association, directed by a Management Committee, elected at the annual general meeting. The Management Committee is made up of eight community members and seven members from organisations and agencies committed to promoting the health of the Onkaparinga community.

Community Participation

Healthy Cities Onkaparinga aims to encourage community participation, firstly in the identification of needs, and then addressing the issues. Community involvement is central to the Healthy Cities Onkaparinga approach. The role and contribution of the community members is well recognised by the community and government agencies. Community members represent Healthy Cities Onkaparinga on a number of local and state wide programs and organisations, are office bearers within Healthy Cities Onkaparinga and play an important leadership role in the Onkaparinga community.

